

MAUREEN PHIFER

Holistic Nutritionist

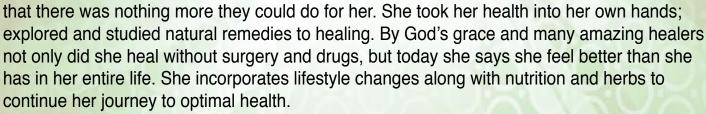
Natural Health Wellness

Maureen Phifer is the Owner and Operator of Natural Health and Wellness. She is a Certified Nutritionist and Herbalist from North American Institute of Medicinal Herbalism School which has a clinic where advanced nutritionist's work residency

in Boulder, Colorado. She is also a Certified Colon Hydrotherapist.

Maureen shares her beautiful self-sustaining farm in Parker, Colorado with her husband of 33 years, David. Growing vegetables and eating fresh eggs every day not only makes her feel a part of nature but gives her confidence knowing that the food is fresh and organic.

After having suffered a severe auto accident and getting hooked on pain medication the Doctors told her



Maureen believes that by removing offending substances from our bodies and replenishing with nourishment along with a healthy lifestyle, our bodies will be naturally healthy.