



## WHO CAN BENEFIT FROM A NUTRITION SPEAKER?

- ✓ A business that wants more productive employees who don't get sick as often..
- ✓ A health and wellness conference or event, that wants a fresh, dynamic speaker to motivate their audience.
- ✓ A women's conference or event, that wants to leave its participants re-energized and committed to better eating habits.
- ✓ A school looking to enrich their curriculum with an engaging presentation on healthy foods, establishing healthy habits, or body confidence.

## MAUREEN PHIFER

Holistic Nutritionist

303-221-2621

[www.nhwdenver.com](http://www.nhwdenver.com)

Natural Health  
& Wellness



*"Maureen's passion comes through as she uniquely stirs an audience to greater engagement and renewed commitment to achieve better digestion leading to feeling and looking better. Our clients came back with positive feedback about her workshop with us since her first time here we have had Maureen back to speak multiple times. It is always great to have her!"*

**Carly Sawyer, Managing Partner**  
Outlaw Yoga Littleton

*"Maureen spoke at our CBW luncheon to a crowd of 65 and she did a fantastic job. Her presentation was informative, educational and fun. Not only is she personally a delight but her delivery is entertaining and engaging. She also gave wonderful informational handouts to take with us; with insights that were relevant to everyone in the audience. It is a treat when we have a presenter that offers such useful, educational material in an amusing way that encourages great audience participation. I can highly recommend Maureen Phifer as a presenter and speaker."*

**Penny Brenden**  
VP programs  
Colorado Business Women

*"Maureen Phifer authentically captured the attention of our audience when she spoke at the Colorado Business Women's monthly lunch. She has an amazing story filled with humor and human struggles, sharing her own struggles and lessons learned along the way. She engages with audience members on a personal level, encouraging them to advocate for themselves to live the healthiest life possible without lecturing. Maureen has a calm demeanor but knows her stuff when it comes to helping others find health. I encourage you to book Maureen to speak for your next group event. "*

**Mary Gaul**  
President  
Colorado Business Women

# MAUREEN PHIFER

Holistic Nutritionist

## Natural Health & Wellness



**Maureen Phifer**, owner of Natural Health and Wellness guides clients to feeling better and looking better.

Maureen has experienced her own debilitating poor health after a severe car accident. Through diet, lifestyle changes and a whole lot of hard work, along with accelerated detoxification she looks and feels better than she has in 30 years.

Her passion for optimal health and years of clinical practice has provided hundreds of clients to experience relief with their pain and have improved health.

She offers keynote speaking on the *"7 Habits to Optimal Health"* and on *"Digestive Health and the Second Brain"*. If you want inspiration and motivation for your audience, Maureen is your solution.

***"I encourage clients to take control of their own health – because we all have a right to thrive not just survive."***